

SPERANZA HOUSE

RULES, GUIDELINES

POLICIES AND AGREEMENTS

- The resident must comply with all written and verbal instructions from the director and house Manager.
- Residents must comply with guidelines of other service providers (probation, parole, courts, counselor, etc.)
- Residents will get up no later than 7:30 AM with showers taken, dressed for the day, beds made and room cleaned up by 8:10 AM.
- There is Zero Tolerance for drugs, alcohol, or other mood altering substances, anyone found in non-compliance will be asked to leave the house and the program
- All prescription and over-the-counter medicines will be kept in the locked medicine cabinet.
- Residents permitted to use approved medications must keep their medication updated and follow their service provider's direction.
- Random drug testing will take place periodically.
- Sexually explicit material is not permitted in the home.
- The Speranza House does not permit resident to be in or engaged in sexual or intimate relationships while in our program unless legally married prior to their entry.
- Consistent dishonesty, manipulation or irrational behavior will not be tolerated.
- Verbal or physical abuse toward the staff, residents, or volunteers will not be tolerated.
- Cursing or inappropriate language as well as disrespectful behavior toward the staff, residents, or volunteers will not be tolerated.
- Fighting or violent tendencies will not be tolerated.
- Residents are not permitted in an establishment that serves alcohol.
- Phone calls are limited. Cell phones are not permitted until *Phase 5*.
- The Speranza House will schedule various groups, classes, or events relating to, but not limited to recovery, faith, ceremonies and life skills in which attendance is required.
- Residents are expected, after Phase 3,(90 days) and completion of Rural Works Job Readiness workshop to find employment in order to remain in the home and the program.
- After employed, the resident will work with a “money coach” on budgeting and money management.
- Residents will be assigned specific house chores and must complete them in a thorough and timely manner.
- Where minor misconduct is deemed to have occurred, the resident will be made aware of the

offense and disciplinary action may be imposed at the director's discretion.

- The behavior, of a resident who continually creates minor offenses, will be deemed as a major offense. Where serious misconduct is deemed to have occurred you may be dismissed from the home and program without prior notice.
- Smoking or smokeless tobacco is not permitted in the home or on the property at any time. There is a designated smoking area all residents are required to use. There will be designated times for smoking breaks. Make sure all cigarette butts are disposed of in appropriate containers. Non-compliance will result in the loss of smoking privileges.
- Televisions, laptops or any type of computers are not permitted in the bedrooms.
- Television use is not permitted from 9:00 AM to 5:30 PM
- The Speranza House does permit residents to have a vehicle upon completion of *Phase 4* and only if they have a valid driver's license and proof of insurance and with permission from the director. Driving privileges are the discretion of the House Manager and Director.
- Broken down vehicles are not permitted to remain on the house property.
- Making plans to leave the program without informing the director will result in immediate termination of housing and services to allow other people the opportunity to enter the program.
- Accepting rides from the opposite sex is not permitted (unless approved by the director).
- Calling, writing or spending time with residents from the other sober living home is not permitted.
- Engaging in illegal activity whether in the home or outside of the home will result in immediate removal from the home and program and the proper authorities will be informed.
- Residents may not have personal items or clothing that glorifies or advertises drugs, alcohol, or any suggestive comments that are counterproductive to recovery or the Christian faith
- The Speranza House is an organization that endorses the Christian faith
- The general program takes a minimum 12 months to complete and includes 5 *Phases*. With the program emphasis on sobriety, healthy relationships, general life skills and managing a balanced lifestyle.
- There is a one time, non-refundable admission fee of \$200. Program fees are \$200 weekly or \$900 mo. l. Payment arrangements made with the Speranza House are expected to be fulfilled. Services may be terminated for refusal, failure, or the inability to afford the program fees.

The Speranza House cannot make a rule for every circumstance therefore the director reserves the right to determine what behavior is acceptable for a resident in our program and will impose

consequences at his/her discretion to insure a safe atmosphere in the home and to protect the policies and guidelines below must be respected to remain in good standing in the house and to avoid termination of services and housing.

***Please be aware that these guidelines and policies are designed in order to encourage your sobriety and provide a safe atmosphere within the home. Your decision to come to Speranza House means that you will be willingly submitting yourself to operating under the authority of the staff and within the boundaries of the policies and guidelines of the program.